

SINGAPORE RUGBY UNION & NATIONAL SCHOOL GAMES RUGBY LAWS GUIDANCE SUMMARY- 15 ASIDE MATCHES

Age group	U10 & 11	U12 & U13	U13-U14	U15-U17	U18-U20	POL-ITE			
			(C Division)	(B Division)	(A Division)				
Ball size	4	4	5	5	5	5			
Match duration	2X20 mins	2 x 25 mins	2 x 30 mins	2 x 30 mins	2 x 35 mins	2 x 35 mins			
Time off for	No	No	Yes	Yes	Yes	Yes			
injury									
Players on field	12	15	15	15	15	15			
Max squad size	23	23	23 incl. 6 front row	23 incl. 6 front row	23 incl. 6 front row	23 incl. 6 front row			
	Rolling subs	Rolling subs	8 substitutions	8 substitutions	8 substitutions	8 substitutions			
Pitch size	Full Field (minus 5m)	Full Field	Full Field	Full Field	Full Field	Full Field			
	90m x 60m	100m x 70m	100m x 70m	100m x 70m	100m x 70m	100m x 70m			
Scrum	6 Players. Uncontested	8 Players. Contested	8 Players. Contested	8 Players. Contested	8 Players. Contested	8 Players. Contested			
	3-2-1 formation	hook. 1.5m max push	hook. 1.5m max push	hook. 1.5m max push	hook. 1.5m max push	hook. 1.5m max push			
		Ball must be released	Ball must be released	Ball must be released	Ball must be released	Ball must be released			
		from scrum once	from scrum once	from scrum once	from scrum once	from scrum once			
		hooked (1.5m drive only	hooked (1.5m drive only	hooked (1.5m drive only	hooked (1.5m drive only	hooked (1.5m drive only			
		to secure the ball	to secure the ball	to secure the ball	to secure the ball	to secure the ball			
Scrum half	Tunnel	Tunnel	Tunnel	Ball line until flanker's	Ball line until flanker's	Ball line until flanker's			
				foot	foot	foot			
Offside distance	5m	5m	5m	5m	5m	5m			
from scrum									
Kick off	Place/Drop	Place/Drop	Drop	Drop	Drop	Drop			
Restart after a	Scoring side	Non Scoring side	Non Scoring side	Non Scoring side	Non Scoring side	Non Scoring side			
try									
Conversions	Yes. Fixed position in	Yes. Inside 15m lines	Yes	Yes	Yes	Yes			
	front of post								
Kicking in	Only in defending 22m	Only in defending 22m	Yes	Yes	Yes	Yes			
general play									
Hand off (fend)	Brush off only. No hand off	Hand off below shoulder	Hand off below shoulder	Hand off below shoulder	Yes	Yes			
Tackle	Yes								
Squeeze Ball			Not allowed. Sand	ction; Penalty Kick					
Line out	All 'forwards' in the	All 'forwards' in the	Min 2 players	Min 2 players	Min 2 players	Min 2 players			
	lineout	lineout	Contested	Contested	Contested	Contested			
	Contested	Contested	Lifting	Lifting	Lifting	Lifting			
	No lifting	No lifting							



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Age group	U10 & 11	U12 & U13 (Primary)	U13-U14 (C Division)	U15-U17 (B Division)	U18-U20 (A Division)	POL-ITE
Offside distance	7m	10m	10m	10m	10m	10m
from line out						
Quick line out	No	No	Yes	Yes	Yes	Yes
throw in						
Penalty & Free	Kicking options only in	Kicking options only in	All options. Opposition	All options. Opposition	All options. Opposition	All options. Opposition
Kicks	22m. Opposition 7m	22m. Opposition 10m	10m back	10m back	10m back	10m back
	back	back				
No 8 moves from	No	Yes	Yes	Yes	Yes	Yes
the base of the						
scrum						
Drop Goals	No	No	Yes	Yes	Yes	Yes
Penalty Goals	No	No	Yes	Yes	Yes	Yes
Yellow Card	No	7 mins.	10 mins	10 mins	10 mins	10 mins
	Player replaced for					
	repeat infringements					
Red card	Player replaced	No replacement.	No replacement	No replacement	No replacement	No replacement